

Sree Narayana Institute of Medical Sciences, Chalakka

Foundation Course 2019

	DAY	DATE	DAY	08:00 to 9:00	09:00 to 10:00	10:00 to 11:00	11:00 to 12:00	12:00 to 1:00	1:00 to 2:00	2:00 to 3:00	3:00 to 4:00
Week 1	1	13th AUG	Tue	Welcome Speech (Principal)	Vision / Mission of the institution - (Executive Director)	Inauguration ceremony		LUNCH	PTA	Orientation to the Hostel	
	2	14th AUG	Wed	Graduate Medical regulations - (Dr. Georgy)		Orientation to pre and para clinical block			Indian Medical graduate (Dr. Alexander John)	Sports and ECA	
Independence day											
Week 1	3	16th AUG	Fri	Career pathways - Dept. of Pathology	Core Values of a Physician (Dr. Rakesh - Dept of Medicine)		Mentoring Introduction - (Dr. Ashok)	LUNCH	Communication with patient - (Dr. Prasad)		Sports & ECA
	4	17th AUG	Sat	Mentoring - Dept of Physiology		Biosafety & Universal Precautions & Handwashing (Dept. of Microbiology)			Needle stick injury -Dr. Navya & Dr. Shiju	Sports & ECA	
Sunday											

Week 2	5	19th AUG	Mon	BLS : Introductio n (Dept. of Medicine)	BLS : Workshop (Dept. of Medicine)		LUNCH	BLS : Workshop(Dept. of Medicine)		Zumba
	6	20th AUG	Tue	First Aid : Introductio n (Dept. of Medicine & Emergency Medicine)	First Aid : Workshop(Dept. of Medicine & Emergency Medicine)			First Aid : Workshop(Dept. of Medicine & Emergency Medicine)		Zumba
	7	21st AUG	Wed	Yoga (Ms. Radha)	Stress management (Mrs. radha)			Time management (Dr. Shanthi - Dept of OBG)		Learning - Dr. Aditya
	8	22nd AUG	Thu	Yoga (Ms. Radha)	Stress management (Mrs. radha)			Importance of local language(Dr. Krishnan Nair)		Computer Skills - Dr. Akhil
Sree Krishna Jayanthi										
Week 2	9	24th AUG	Sat	Yoga (Ms. Radha)	Public speaking (Ms. Jaan)		LUNCH	Importance of local language(Dr. Krishnan Nair)		Learning - Dr. Aditya
Sunday										
Week 3	10	26th AUG	Mon	Field Visit (Dept of Community Medicine)			LUNCH	Importance of local language(Dept of Community Medicine)		Sports & ECA
	11	27th AUG	Tue	Field Visit (Dept of Community Medicine)				Learning - Dr. Aditya	Computer Skill - (Dr. Arun)	Sports & ECA
Ayyankali Jayanthi										

Week 3	12	29th AUG	Thu	Disability Competencies (Dr. Krishna Kumar)	Importance of Vaccination for health care professional (Dr. Ann Mary)	Vaccine preventable diseases (Dept. of Microbiology)	Alternative Medicine - Dept. of Pharmacology	LUNCH	Peer pressure	Computer Skill - (Dr. Tom)	Sports & ECA
	13	30th Aug	Fri	History of Medicine - Dr. Vinu	Biomedical Waste management - Dept of Biochemistry				Anti Ragging - Forensic Dept		
	14	31st Aug	Sat	Anti Ragging - UGC Videos and discussion (Dr. Aditya)		Learning - Group dynamics (Dept. of Anatomy)			Learning - Group dynamics (Dept. of Anatomy)		
Sunday											
	15	2nd Sep	Mon	Significance of documentation in patient care (Dr. Anoop)	Proper method of documentation (Mrs. Asha)	Health Care Team working			Health Care Team working		Freshers
	16	3rd Sep	Tue	Interpersonal Relationship (Dr. Krishnan Nair)		Health Care Team working			Health Care Team working		Sports & ECA

Week 4	17	4th Sep	Wed	Professionalism and Ethics –the concept (Dr. Lavanya)	Consequences of unprofessional and unethical behavior (Dr. Jerry)	Health Care Team working	LUNCH	Health Care Team working	Sports & ECA
	18	5th Sep	Thu	Principles of family practice and holistic care - Dr. Alexander John		Health Care Team working		Health Care Team working	Sports & ECA
	19	6th Sep	Fri	Rules & Regulations of the Institution (Dr. R.V. Prasad)		Health Care Team working		Health Care Team working	Sports & ECA
	20	7th Sep	Sat	Introduction to preclinical departments				Feedback and reflections	Sports & ECA
Physiology				Anatomy	Biochemistry				